

EFC CONTENDER SERIES IS BACK!

19 March 2025

EFC | CONTENDER SERIES **AMATEUR BOUTS**

MAIN CARD 19:00 CAT | 17:00 GMT | 18:00 WAT | 13:00 ET

MIKA NGOMANE VS HLOMPHO PHOMODI
CATCHWEIGHT BOUT - 143LBS

SEBASTIAN FERREIRA VS JETHRO SWAN
CATCHWEIGHT BOUT - 163LBS

GRANT FARROW VS SAM MBHELE
MIDDLEWEIGHT BOUT

JOEL SMIT VS COENIE LAMPRECHT
CATCHWEIGHT BOUT - 139LBS

JEREMIE LIKOBELE VS IGNACIOUS NKOMO
CATCHWEIGHT BOUT - 159LBS

PRELIM CARD 15:00 CAT | 13:00 GMT | 14:00 WAT | 07:00 ET

JJ KARAGIANNIDIS VS BRYN GWAVAVA
CATCHWEIGHT BOUT - 148LBS

FREDERIK ELOFF VS MBASA KHOSA
HEAVYWEIGHT BOUT

LINDA BARAZA VS BIANCA CAMPHER
FLYWEIGHT BOUT

LITHA MADIKIZA VS PJ MEISENHEIMER
FEATHERWEIGHT BOUT

THAPELO MALATJIE VS SANELE SHABALALA
BANTAMWEIGHT

SHERAZAAD DOLLIE VS KWAANZA ZONDO
BANTAMWEIGHT

LUKE ACKERS VS BRUCE MAYASI
CATCHWEIGHT BOUT - 150LBS

THURSDAY 20 MARCH
WATCH LIVE AT EFCWORLDWIDE.TV

This Thursday, 20 March, top amateurs will step under the bright lights to prove they belong. With EFC contracts on the line, expect fireworks as these hungry fighters battle to impress the matchmakers and earn their shot at the big leagues.